

# Gentle Hands-on Techniques

## *for the Digestive System*

Want to join us for an enjoyable two days of CPD? You will learn some gentle hands-on palpation & treatment techniques for the abdomen. Explore how we can connect to the different parts of the organs of the digestive system, begin to treat fascial restrictions & work with the innate movement & rhythm of the organs.

We will cover important aspects of anatomy to aid our palpation, the reasons using a gentle touch is so effective, the benefits of 'listening to and following' the body tissues & how this develops into effective treatment that will support the work you already do with your clients.

**Thursday 27 – Friday 28 September 2018**

**9.30am–5.00pm**

**Venue: Brighton (TBC once numbers are known)**

**Cost: £200**

The course will be run by Caroline Barrow who has a love and passion for anatomy and physiology and a desire to make ongoing training in this aspect relevant and available for complementary therapists. She practises and teaches Upledger CrainoSacral Therapy, incorporates Visceral Manipulation and has a degree in biomedical science.

**For Info & Bookings Please Contact:**

**Caroline Barrow** CBS 0845 108 1088 [carob@collegeofbodyscience.com](mailto:carob@collegeofbodyscience.com) or  
**Linda Ternent** ARCH 0191 469 8160 [linda.ternent@btinternet.com](mailto:linda.ternent@btinternet.com)