

**ARCH AGM & Study Day - Saturday 14<sup>th</sup> March 2020**  
**BMA House, Tavistock Square, London WC1H 9JP**  
**EXPLORING CONDITIONS OF THE RECTUM &**  
**COLON— INCLUDING ALLOPATHIC AND NATUROPATHIC**  
**TREATMENT PROTOCOLS**

**ARCH are thrilled to have secured some amazing speakers for the 2020 ARCH AGM and Study Day.**  
**We hope that you will be able to join us for a very Bowel Specific Day**

**09.00 – 09.30 Registration**

**09.30 – 11.00 Dr Rizwhan Suleman** – Inter-relationship between spine & bowel & bowel & spine.

**11.00 – 11.30 Refreshment break & exhibitors**

**11.30 – 12.00 Dr Hobson** – SIBO Hydrogen Breath Test, clinical use by ARCH Members.

**12.00 – 13.00 Dr Paul Mackay** – Haemorrhoids 101 and beyond

**13.00 – 14.00 Lunch and exhibitors**

**14.00 – 15.00 Dr Paul Mackay** – Conditions of the lower bowel and rectum plus Red Flags. Rectocele, enterocele, tortuous colon (inc. Roemheld syndrome), rectal prolapse, polyps, adenomas (types of), allopathic treatment.

**15.00 – 15.30 Roger Groos** – Naturopathic and Colon Hydrotherapy treatment protocols for the conditions covered in Dr Paul Mackay's Lectures.

**15.30 – 16.00 Refreshment break & exhibitors**

**16.00 – 17.00 AGM & Close**

**Rizwhan Suleman Chiropractor, Colon Hydrotherapist, Hijama Therapist & Instructor.**

Rizwhan will be speaking on the inter-relationship between the bowel and spinal nerve supply and spinal nerve supply and the bowel. How posture, spinal damage, slipped discs etc can all affect the functionality of the bowel, and how bowel issues can affect the spine.

**Paul Mackey - Colorectal Surgeon.**

Paul graduated from Southampton Medical School in 1992 and wrote his MD thesis on anal sphincter damage and faecal incontinence following childbirth. He completed a Colorectal Fellowship in St George Hospital, Sydney, Australia. Paul uses laparoscopic colorectal surgery for both benign and malignant conditions affecting the colon, rectum and anus as well as training medical practitioners in advanced surgical techniques. His main interest is in the treatment of benign anorectal conditions, including haemorrhoids as well as Colorectal cancer.

**Roger Groos - ARCH President. National College of Colon Hydrotherapy Tutor.**

Roger will follow on from Paul Mackay's lectures and discuss Naturopathic and Colon Hydrotherapy treatment protocols for the conditions covered on this day.

**Dr Anthony Hobson.** Anthony is an internationally renowned Consultant Clinical Scientist with experience across the NHS and private healthcare sectors as well as in academia and the pharmaceutical industry. Anthony trained in Manchester and gained a broad base of experience in assessing gut function from 'top to bottom' covering areas such as gastro-oesophageal reflux disease, Irritable Bowel Syndrome (IBS), incontinence and constipation. Anthony's industry experience provided further training in designing and implementing clinical trials to test experimental approaches and novel treatments in conditions like IBS.

## **ARCH 2020 Study Day Booking Form**

(please retain a copy of this page as your receipt)

**The cost of the 2020 ARCH Study Day is £95.00.**

**Name as you wish it to appear on your CPD certificate.**

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### **Methods of Payment**

#### **By Cheque**

Please make cheques payable to ARCH / Association of Registered Colon Hydrotherapists and post to Abi Francis—Peggies, Beach Road, Woolacombe Devon EX34 7AE

#### **By Bank Transfer:**

**ARCH Account 72420627 Sort Code 40-47-11**

Please ensure your name is used as the reference, not your clinic name.

#### **Overseas Transfers**

**IBAN GB83HBUK40471172420627**

**BIC: HBUKGB4109T**

#### **PayPal**

**admin@colonic-association.org**

Please ensure your name is used as the reference, not your clinic name.