



Saturday July 13th 2019

Venue:- Huxley Building, Imperial College London, Exhibition Road, London SW7 2AZ

Colon Hydrotherapy – Mind, Body and Spirit

As Naturopathic Colon Hydrotherapists we recognise that the human body has an innate ability to recover from (and resist) disorders of the Body, Mind and the Spirit. As Colon Hydrotherapists we often focus on cleansing and supporting the Body, but sometimes we just don't have the 'tools' in our 'tool box' of knowledge to help clients address the Mind and Spirit aspect which can have a direct link to the physical manifestation of a state of Dis-Ease.

This year ARCH would like to share with Members a fresh perspective on how we can potentially help our clients through what is often the 'cause' or a major contributing factor of a digestive problem. We will go beyond the physiological and functional implications and peruse the emotional effect on the body and digestive system.

ARCH are thrilled to have the opportunity to have two expert Homeopaths joining us to give us an overview of remedies that could be used to help support clients through difficult stages of their Healing Journey.



Elizabeth Adalian MCH MARH <https://www.adalian.uk/>

Elizabeth has been a practising homeopath for over thirty years, during which time she has developed an interest in the subject of transgenerational trauma and how it affects the overall health of the individual. She recently released a book on the subject - 'Touching Base with Trauma: Reaching Across the Generations - a Three-Dimensional Homeopathic Perspective'.

Her contribution to the day will include reference to the gut through the vagal nerve and a more detailed overview of the microbiome from a homeopathic perspective. Specific remedies will be cited throughout her talk giving insight into the growing awareness of what is increasingly perceived as a template of the emotional state.



Imogen Spencer <http://brackenburyclinic.com/hammersmith/practitioners/imogen-spencer/>

Imogen grew up using Homeopathy and has over 22 years of clinical experience as a Homeopath, using a flexible approach with people desiring an alternative treatment or a complementary approach alongside other treatments. Imogen qualified at the College of Homeopathy and is registered with the Society of Homeopaths. She sat on the SoH board 2010-2013 and has represented them with appearances on BBC Breakfast News, Channel 5 News, GMTV, The Wright Stuff and BBC Radio 4's Today Programme. Imogen will present valuable information on Homeopathic Remedies for digestive complaints as well as homeopathy for first aid use in the clinic and the home.

Anna Walters



Anna is a Development and Chief Information Officer, training and supporting individuals and organisations in the use of Social Media. Anna will be giving a talk on the benefits of having a business social media presence and how to keep your personal posts separate from the ones your clients (and their friends) can view. Anna will be available in the exhibitors room to help Members set up Social Media accounts / profiles to promote their businesses.

Registration 9.00 – 9.30.

09.30 – 11.00 Anna Walters. (Refreshment Break 11.00-11.30)

11.30 – 13.00 Elizabeth Adalian MCH MARH

13.00 – 14.00 Light Lunch Provided (gluten free vegan options available)

14.00 – 15.30 Imogen Spencer (Refreshment Break 15.30 – 16.00)

16.00 – 17.00 ARCH AGM

17.30 Close



Booking Form for 2019 ARCH AGM & Study Day

Please complete this form, IN BLOCK CAPITALS and return it to
Abi Francis, Peggies, Beach Road, Woolacombe Devon EX34 7AE
abiarchchair@gmail.com

Please tick relevant box:

ARCH member attending AGM & Study Day
ARCH member attending AGM only (no fee)

Non ARCH member attending the Study Day

Personal details

Name - as you wish it to appear on your CPD Attendance certificate – worth 8 CPD points

Home Address

Post/area Code

Home tel.

Mobile tel.

email address

I enclose a cheque for £80.00 made payable to ARCH

I have transferred £80.00 by Bank Transfer to 40-47-11 72420627
using my name as the reference.

I have transferred £80.00 to PayPal admin@colonic-association.org

Accommodation: - B&B can be booked directly through Imperial College London

Tel: 020 7594 9444 e-mail: accommodation@imperial.ac.uk

Beit Hall. The closest
Princess Gardens. A few minutes walk away

Campus map:-

<https://www.imperial.ac.uk/media/imperial-college/visit/public/SouthKensingtonCampus.pdf>

Car parking must be the responsibility of the attending delegate – ARCH cannot arrange this, sorry.